

## Buckinghamshire Sexual Health Services: Key Guidance for GPs and Nurses

bSHaW is the Buckinghamshire Sexual Health Service provided by Buckinghamshire Healthcare NHS Trust and Terrence Higgins Trust. Phone the single point of access: 0300 303 2880 and/or visit the website for up to date information on campaigns and events, information for parents/carers, blogs, YouTube clips, information for professionals on sexual and reproductive health and an overview of all Buckinghamshire sexual health services .  
<http://www.sexualhealthbucks.nhs.uk>

<p><b>Sexual health history and risk assessment:</b></p> <p><b>What questions should I ask?</b></p>	<ul style="list-style-type: none"> <li>• When did you last have sex?</li> <li>• Was this a regular partner or a one off and did you use a condom?</li> <li>• If this was a regular partner – how long have you been together?</li> <li>• When did you last have sex with anyone else?</li> <li>• Have your partners been male or female or both?</li> <li>• Have you had partners from abroad - Africa, Asia, Eastern Europe?</li> <li>• Any history of intravenous drug abuse (self or partners)?</li> <li>• Any history of previous sexually transmitted infections (STIs)?</li> </ul>
<p><b>Safeguarding concern including exploitation: child or vulnerable adult</b></p>	<p>Refer to Buckinghamshire Safeguarding guidance:</p> <ul style="list-style-type: none"> <li>• <b>Children:</b> <a href="https://bscb.procedures.org.uk/">https://bscb.procedures.org.uk/</a></li> <li>• <b>Child Sexual Exploitation:</b> What are the warning signs of sexual exploitation? <a href="https://www.buckssafeguarding.org.uk/childrenpartnership/parent-and-carers/sexual-exploitation/">https://www.buckssafeguarding.org.uk/childrenpartnership/parent-and-carers/sexual-exploitation/</a></li> <li>• <b>Vulnerable adults:</b> <a href="https://www.buckssafeguarding.org.uk/adultsboard/">https://www.buckssafeguarding.org.uk/adultsboard/</a></li> </ul>
<p><b>When should I refer to a specialist sexual health service?</b></p>	<ul style="list-style-type: none"> <li>• High risk sexual history e.g., men who have sex with men, sexworkers and those with multiple sexual partners</li> <li>• Genital ulcers</li> <li>• Recurrent herpes and considering suppression therapy</li> <li>• Positive syphilis and HIV serology</li> <li>• Positive test for gonorrhoea or sexual contact of male and females with symptoms of an STI eg. penile discharge, persistent vaginal discharge</li> <li>• Large and keratinised genital warts, or if the diagnosis is uncertain</li> <li>• Difficult or complex contraception issues</li> <li>• Difficult IUD/IUS or implant removal</li> </ul>

<p><b>Where should I refer?</b></p>	<ul style="list-style-type: none"> <li>• <b>Asymptomatic patients</b> can self-refer to any bSHaW outreach clinic in Aylesbury, Buckingham, Burnham, Chalfont &amp; Gerrards Cross, Chesham or High Wycombe</li> <li>• <b>Symptomatic patients</b> should be directed to attend a bSHaW clinic at SHAW, Wycombe Hospital or Brookside Clinic, Aylesbury where a walk-in is available most days or patient to make an appointment</li> <li>• <b>Sexual health clinics</b> <a href="http://www.sexualhealthbucks.nhs.uk">http://www.sexualhealthbucks.nhs.uk</a> for details of all clinics and to make an appointment : 0300 303 2880</li> <li>• <b>Emergency IUD Referral form</b> - <a href="https://sexualhealthbucks.nhs.uk/professionals/gps-and-nurses/">https://sexualhealthbucks.nhs.uk/professionals/gps-and-nurses/</a></li> <li>• <b>Heavy menstrual bleeding</b> or menopause HRT coil fittings or removals need to be referred to Intermediate Gynaecology at Chiltern Vale (CV) via a referral form at <a href="https://sexualhealthbucks.nhs.uk/professionals/gps-and-nurses/">https://sexualhealthbucks.nhs.uk/professionals/gps-and-nurses/</a></li> <li>• <b>Difficult removal of sub dermal implants</b> refer to bSHaW on a referral form at <a href="https://sexualhealthbucks.nhs.uk/professionals/gps-and-nurses/">https://sexualhealthbucks.nhs.uk/professionals/gps-and-nurses/</a></li> <li>• <b>Sexual assault</b> – direct to the Solace Sexual Assault Referral Centre Slough or Bicester: <b>Tel: 0800 970 9952</b></li> </ul>
<p><b>Asymptomatic and between 15 and 24 years?</b></p>	<p>If sexually active and asymptomatic <b>always offer</b> chlamydia screening to all 15 to 24 year olds or refer them to online testing via <a href="http://www.sexualhealthbucks.nhs.uk">www.sexualhealthbucks.nhs.uk</a> – click on the 'I need a postal testing kit' button on the home page</p>
<p><b>Guidance on STIs for Primary Care</b></p>	<p>RCGP &amp; BASHH Guidelines (April 2013)  <a href="https://www.bashhguidelines.org/media/1089/sexually-transmitted-infections-in-primary-care-2013.pdf">https://www.bashhguidelines.org/media/1089/sexually-transmitted-infections-in-primary-care-2013.pdf</a></p>
<p><b>Guidance on HIV for Primary Care</b></p>	<p>National AIDS Trust, MEDFASH (Medical Foundation for HIV and Sexual Health) JUSTRI (The Training and Resource Initiative)  <a href="https://www.nat.org.uk/sites/default/files/publications/hiv_in_primary_care_0.pdf">https://www.nat.org.uk/sites/default/files/publications/hiv_in_primary_care_0.pdf</a></p>
<p><b>Guidance on Contraception for Primary Care</b></p>	<p>Faculty of Sexual and Reproductive Health (FSRH) clinical guidance for specific contraception  <a href="https://www.fsrh.org/standards-and-guidance/fsrh-guidelines-and-statements/">https://www.fsrh.org/standards-and-guidance/fsrh-guidelines-and-statements/</a></p>